

## ***DIETRICH KLINGHARDT, MD, PhD***

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***Dietrich Klinghardt, MD, PhD***, is Founder of the American Academy of Neural Therapy, now the Klinghardt Academy of Neurobiology ([www.klinghardt.org](http://www.klinghardt.org)), and lead clinician at the Comprehensive Medical Center located in Kirkland, Washington. He has been synthesizing traditional and alternative medicine for more than 32 years. In Stuttgart, Germany he has established in 1994 the “INK (Institut fuer Neurobiologie nach Klinghardt)” which oversees the training of European doctors and dentists in applied neurobiology, psychokinesiology and autonomic response testing. The institute offers CME credit for most its courses, offers competence exams and keeps records of treatment outcomes.

Internationally known for his successful treatment of chronic pain and illness, Dr. Klinghardt’s holistic technique combines principles of non-surgical orthopedic medicine with those of immunology, endocrinology, toxicology, neural therapy, hypnotherapy and energy psychology.

His unique approach to diagnosing and treating diseases and disorders on both the functional-physical and mental-emotional levels recognizes that health is significantly influenced by and dependent upon:

- A balanced and well-functioning autonomic nervous system.
- A healthy mind that creates a balanced emotional state.
- A supportive system of relationships within current and past generations of the family system.

Dr. Klinghardt studied medicine (1969-1975) and psychology (1975-1979) in Freiburg, West Germany. During the 1970s, while still at medical school in Germany, he studied acupuncture and homeopathy. After earning his medical degree, he studied psychology, conducted three years of research on the involvement of the autonomic nervous system in autoimmune disorders at Albert-Ludwig University in Freiburg, Germany, and gained a PhD for his work on the autonomic nervous system. Several publications followed his research.

Early in his career, Dr. Klinghardt became aware of the interdependence between emotional and physical health as well as the sequelae of chronic toxicity for the course of illness - especially lead, mercury, environmental pollutants and electromagnetic fields. During an extended period as a junior physician in India, he naturally met Eastern concepts of disease etiology and blended them with his classical Western training. This experience helped lay the foundation for his 5-level system of Integrative Medicine.

After immigrating to the United States and passing the US-licensing exams, Dr. Klinghardt worked as a full-time emergency physician for 3 years and later became Medical Director of one of the country’s largest pain clinics (Santa Fe Pain Center) specializing in chronic neck-and craniofacial pain. It was there that he became

increasingly aware of the limitations of conventional medicine when dealing with chronic conditions, and, in particular, functional pain syndromes. He trained for 4 years with Robert Weisz PhD of the Milton-Erickson Institute and David Cheek MD in Ericksonian hypnotherapy and began to incorporate a carefully selected number of body-oriented psychotherapeutic and counseling modalities into his work. He also incorporated into his work the German neural therapy and French mesotherapy injection techniques, as well as new advancements in energy medicine and psychotherapeutic modalities such as applied psychoneurobiology (with the psychokinesiology technique and mental field therapy).

Dr. Klinghardt developed ART (autonomic response testing), a comprehensive diagnostic system that has helped to transform many practices in the US and abroad into healing centers - and helped many practitioners to become accomplished wholistic physicians. His teaching and philosophy include insights into the influence of the family system on one's health through working with family-systems oriented healing-approaches developed by psychoanalyst, Bert Hellinger.

Since the late 1970s, Dr. Klinghardt has made very significant contributions to the understanding of metal toxicity and its connection with chronic extra- and intracellular infections and persistent illness and pain. He is considered an authority on this subject and is a highly respected teacher. He has lectured at the University of Illinois, Chicago, University of Utah, Salt Lake City, Capital University, Washington, DC, the Medical schools of Geneva and Zurich, Switzerland, University of Freiburg, Germany, University of Adelaide, Australia and others.

From 1996-2005 he taught as Associate professor at the Department of Applied Neurobiology at Capital University in Washington, D.C.

Due to his innovative contributions to Neural Therapy, Acupuncture, Homeopathy, Energy Medicine and Energy Psychology, Dr. Klinghardt is regularly invited to teach workshops at the prestigious "Medicine Week" in Baden-Baden, Germany. He is the author of a groundbreaking German book on musclefeedback-guided psychotherapy titled, "Psychokinesiology – A new Approach in Psychosomatic Medicine." He has been instrumental in advancing various fields within Biological Medicine: the non-biochemical treatment of chronic infections and toxic states, modern Homeopathy, non-invasive pain management, injection techniques for pain and orthopedic dysfunction, anti-aging medicine, toxicology, pediatrics (treatment of neuro-developmental disorders), energy psychology, biological dentistry and others.

In recognition of his work he received the reward "physician of the year" by the Global Foundation of Integrative Medicine in May 2007.

Dr. Klinghardt currently resides in Bellevue, WA, where he treats patients and teaches workshops. Since 2007 he also is licensed as a medical doctor in the UK and has a small practice in Forest Row, East Sussex.

**Board Certifications:**

- Facharzt fuer Allgemeinmedizin
- American Board of Pain Management
- American Board of Pain Management Specialties
- American Board of Orthopedic & Neurological Medicine
- American Board of Neural Therapy

**Affiliations:**

Deutsche Gesellschaft fuer Energetische und Informations Medizin (DGEIM)

**Published Papers and lectures:**

[www.Klinghardt.org](http://www.Klinghardt.org)

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